

RECOVERY YOGA'S 7TH ANNUAL

full moon
YOGA

Tuesday, JULY 19 at 6:30PM

YOGA & MEDITATION LED BY:

KEN LAW

KRIS WHELAN GRISCOM

KRISTEN ULLRICH

ELIZABETH JOHNSTONE

OCEAN HOUSE BEACH · WATCH HILL, RHODE ISLAND

SPECIAL GUESTS

Mistral

FIRE DANCER

& AFRICAN DRUMMING

BY *Jim Conlan*

BRING YOUR OWN MAT

PUBLIC PARKING ALONG THE STREET IN WATCH HILL

RESERVE YOUR SPOT BY VISITING THE "DONATE" PAGE AT
RECOVERYYOGA.ORG OR BY CHECK PAYABLE TO RECOVERY YOGA
AND MAILED TO P.O. BOX 88, NEW LONDON, CT 06320

\$30 SUGGESTED DONATION IN ADVANCE **\$35** DAY OF EVENT
NET PROCEEDS GO TO SUPPORT RECOVERY YOGA INITIATIVES

 recovery
yoga